

## **Inova Cares Clinic for Behavioral Health**

Inova Cares Clinic for Behavioral Health (ICCBH) is a new clinic developed to provide behavioral health therapy services to adult patients without insurance coverage who are struggling with mild to moderate mental health needs.

### **ICCBH Criteria:**

- Adults, 18 years and older
- Mild to moderate mental health needs (ex: anxiety, depression, grief, etc.)
- Uninsured and eligible or approved for Inova Financial Aid (refer to Inova Financial Aid policy: <https://www.inova.org/patient-and-visitor-information/financial-assistance>)

### **ICCBH Services:**

- Individual therapy services on a weekly/bi-weekly and time-limited basis
- Short-term, goal directed therapy for 10-12 sessions
- Connection to community resources and primary care services

### **Services Not Provided:**

- Medication management
- Unable to accommodate patients with severe, chronic mental illness
- Emergency mental health services

### **Location and Hours of Operation:**

211 Gibson St., NW  
Suite 220  
Leesburg, VA 20176

Monday-Friday, 8:00am-4:30pm

**Please call to make a referral, schedule an appointment, or get additional information:**

**703-779-5480**